



Community Health Assessment Plan of Care 2022

Objectives and Vision	
<ol style="list-style-type: none"> 1. To provide a comprehensive assessment of Uintah County health needs and risk identification. 2. Utilize the community health needs assessment to identify priority educational needs of our community. 3. Provide printed, oral, and other educational medias to educate residents. 	

Identified Priority Education for Community Risk Factors (Through the Utah Health Department 2019 Assessment)	
<ol style="list-style-type: none"> 1. Hypertension 2. Obesity 3. High Cholesterol 	

Implementation Strategies	
<ol style="list-style-type: none"> 1. Priority #1-<u>Hypertension</u> <ol style="list-style-type: none"> a. Explore opportunities in the community to promote hypertension education through community events. b. Mail out information to high risk transferred/discharged patients quarterly. c. Screenings for blood pressure and referrals when necessary. 2. Priority #2-Obesity <ol style="list-style-type: none"> a. Increase opportunities to increase physical activities in the community through hospital and community events. b. Offer heart healthy information on social media. 	

<ul style="list-style-type: none"> c. Mail out information to high risk transferred/discharged patients quarterly. <p>3. Priority #3-High Cholesterol</p> <ul style="list-style-type: none"> a. Provide educational printed materials to community at public events. b. Mail out information to high risk transferred/discharged patients quarterly. 	

Partnerships	
<p>Ashley Regional Medical Center- Marketing Specialist State of Utah Health Department Tri-County Health Department American Heart Association Local Physician Offices - Physician Services Rep Community Members Patients</p>	

Action Steps	
<ul style="list-style-type: none"> 1. Written materials for handouts 2. Utilize website 3. Social Media postings 4. Education and screenings at local health fairs 5. Attend walk or run events 6. Screenings for blood pressure 7. Direct mailings 	

Anticipated Impact	
1. Increase awareness of Heart Attack risk factors prominent in the community.	
2. Early recognition of hypertension and high cholesterol, and treatment options	
3. Educate high risk transferred/discharged patients of local resources including cardiac rehab, EHAC, Hands only CPR, and top three prominent community risk factors.	

Quarterly Events-Education and Screenings	
First Quarter -See Community Events Log. Second Quarter - See Community Events Log. Third Quarter -See Community Events Log. Fourth Quarter -	-

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